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Extraction Post Operative Instructions

For the Next 24 Hours:

- ❖ No Spitting
- ❖ No Smoking
- ❖ No Rinsing
- ❖ No Drinking from a Straw

There may be some bruising and or swelling of the extraction site. This is normal and may be relieved with ice packs for 20 minutes on and 20 minutes off for the remainder of the day. Patient may experience oozing from the extraction site. If the oozing becomes excessive, please call us.

After 24 hours, start rinsing with warm salt water. ½ tsp of salt in a cup of warm water. Rinse 2-3 times a day for 10 days. This will help with the healing of the extraction site.

If you have sutures, you may experience a pulling or tightening of the gum tissue. This is part of the healing process. You will need to return to our office to have your sutures removed in 10 days.

Eat only soft foods for the first 24 hours; nothing too hot to eat or drink.

Any questions please contact the **emergency number at 810-333-2576**, and leave a message and someone will get back with you shortly.